

Name of the projet	PLAY2INCLUDE
Country	North Macedonia, involving people from Serbia and Bosnia
Structure	Together advancing common trust -TAKT
Sport(s)	Football
Main targeted SDGs	3, 5, 10, 16
Website	Home - TAKT

Structure

TAKT runs efficiently-designed sport-based initiatives which are powerful, hands-on and cost-effective.



Young people particularly from marginalised communities as well as refugees are the prime beneficiaries in all projected and implemented activities developed by TAKT.

The NGO notably implements sports activities for the migrants in North Macedonia with the aim to contribute to improving the psycho-social conditions of migrants in transit centres in the country.

Project

This project will organise a regional Play2Unite football summer camp to promote football for health and development and develop youth's soft skills. It will also build capacities for coaches to promote emotional well-being.

Context

According to the Cross Sectoral Youth Assesment North Macedonia published in 2019, the poor-quality education, lack of employment prospects and social

injustice shaped feelings of limited agency and exclusion amongst many young people and have led to what some consider a mental health crisis in the country.

This mental health crisis was amplified by the COVID-19 pandemic and the lockdown and confinement measures that resulted from it.

Objectives

- Increase participation in football and sport activities promoting skills development for a better health
- Involve 3 Western-Balkan's countries (North Macedonia, Serbia and Bosnia)
- Contribute to the development of youth's soft skills

Activities

- Organisation of regional Play2Unite kick off meeting introducing football as tool for building cohesion and wellbeing
- Regional training of coaches based on sport for development programs introducing skill-based approach for promoting emotional wellbeing
- Mentoring activities in Play2Include (trained coaches will implement sport programs for building cohesion through football in North Macedonia, Serbia and Bosnia)
- Regional Play2Include football summer camp
- Raising awareness campaign involving regional football ambassadors
- Increase of youth soft skills
- Development of an inter-cultural dialogue between the 3 implied countries

